

10TH EUROPEAN VETERANS ATHLETIC CHAMPIONSHIPS non-stadia

17-20 May 2007

Regensburg – Germany



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GREETINGS

Greeting of the Lord Mayor

Dear valued sportsmen and sportswomen,

you are interested in participating in the European Veterans Athletics Championships road race, cross country and race walking, and I am looking forward to welcome you in our city. Both great athletic sports clubs in Regensburg „LG Domspitzmilch Regensburg“ and „LLC Marathon Regensburg“ have joined in an exceptional cooperation in order to be able to offer you a perfectly organised top class sports event. This concentration of sport and organisation experience guarantees your satisfaction when participating in the individual races. Not only do our Regensburg sports clubs excel in competition, but also do they join and cooperate for the organisation of first class sports events.

You will not only like the athletic side of the tournament: running in all its varieties is very popular in and around Regensburg and you will feel the enthusiasm of our citizens when you run or walk in Regensburg. This very special and unique atmosphere has become one of the main assets of the Regensburg Marathon, and this atmosphere will make your stay unforgettable, too. Let this motivation and enthusiasm get under your skin!

Hans Schaidinger, Lord Mayor

Greeting of Dieter Massin EVAA-President

Dear Athletes, dear Runner- and Walker-Family, dear Friends!

With interest and tension, EVAA and all EVAA Members are looking forward to the 10th issue of the Non-Stadia Championships, which will take place in the charming city of Regensburg in Germany. It is the first time, that Germany is hosting such an EVAA event. And also it is the first time, that an European Championship is part of a City-Marathon, in this case within the programme of the existing and most successful run event, the “Regensburg-Marathon”. The issue of these championships will be observed worldwide, due to the fact that the existence of the Run-and Walk-Championships are put to test.

The City of Regensburg will most endeavour and will focus new ideas and we all hope they will succeed, and we shall expect with bated breath the results and the acceptance of this new programme. Based on long years of experience in running events the City of Regensburg offers best conditions, a part from high standard sport facilities, and furthermore, historical and charming tourist areas.

I am convinced that the LOC, the German and Bavarian Federation will do their best in benefit for the European Veterans/Masters, joined by the commitment as to time and energy by the organiser. Their long years experience, without any doubt, will make this event as most successful and unforgettable championships for all of us.

I do welcome all athletes, coaches, accompanying persons and officials and I would like to take the opportunity to wish them all exciting and successful days in Regensburg.

Sincere thanks to the organisers who prepared the best conditions and facilities which will make these Non Stadia Championships as comfortable as possible.

Good luck and a good time in the Southern part of Germany!

Dieter Massin, EVAA-President



Greeting of the hosting associations

Dear valued athletes,

Regensburg is not only situated at the peak of the river Danube, it is also a peak sport city when it comes to experience, sportive know-how of the local sports clubs for athletics and endurance. LG Domspitzmilch is supra-regional known as organiser of numerous German and Bavarian Championships for non-stadia and cross country running, and LLC Marathon Regensburg is not only Germany's biggest running club, but also nationally and internationally renowned for its Regensburg Marathon. Both clubs and the city of Regensburg have joined to form the local organisation committee.

In the year 2007 we have the pleasure to invite you to come to a very special event. Professional championship organisation, incorporated in the Regensburg Marathon, a picturesque medieval city and enthusiastic spectators will make your participation unforgettable.

We are looking forward to seeing you!

Norbert Lieske, President of LG Domspitzmilch Regensburg

Manfred Hübner, President of LLC Marathon Regensburg



PROGRAM OF ALL EVENTS

The 10th European Non Stadia Championships for Veterans are open to men and women born on or before May 17th 1972 who are physically fit. The competitions are held on the basis of the directions worked out by Local Organising Committee. Handicapped competitors who need to be assisted by guide can be admitted only if their guide does not impede other follow competitors.

Timetable EVACNS Regensburg 2007

Thursday	technical meeting	09.00		Congress centre
	Lap 1 road race 10km	13.00	M 55/60	Gewerbepark
	Lap 2 road race 10km	14.00	M 35/40/45/50	Gewerbepark
	Lap 3 road race 10km	14.50	W 35 +	Gewerbepark
	Lap 4 road race 10km	16.15	M 65 +	Gewerbepark
	victory ceremony 1	14.45		Gewerbepark
	victory ceremony 2	15.45		Gewerbepark
	victory ceremony 3	18.00		Gewerbepark
Opening Ceremony	20.30		Thon-Dittmer-Palais	
Friday	Reception of the Lord Mayor	11.00	EVAA + LOC	Historical city hall
	Press conference	12.00		Thon-Dittmer-Palais
	reception	13.00	EVAA + LOC + team leaders	Thon-Dittmer-Palais
	10km race walking	18.30	men	Gewerbepark
	10km race walking	20.30	women	Gewerbepark
Saturday	cross relays	11.00	Teams	Donau Park
	victory ceremonies	ab 13.30		Parking site Infineon
Sunday	30km race walking	09.30	Men all ages	Parking site Infineon
	20km race walking	09.35	Women all ages	Parking site Infineon
	halfmarathon	09.45	Men + Women all ages	Parking site Infineon
	Victory ceremonies	17.00		Thon-Dittmer-Palais
	Closing Ceremony	20.30		Thon-Dittmer-Palais

Business hours organisation office

Wednesday	16.00 - 20.00	congress centre
Thursday	09.00 - 20.00	congress centre
Friday	09.00 - 20.00	congress centre
Saturday	09.00 - 20.00	congress centre
Sunday	06.30 - 09.00	Near Parking site Infineon
Nomination closing cross relays		
Friday	15.00 - 18.00	congress centre

AGE GROUPS

Men and Women 35	born from 17 may 1972 to 18 may 1967
Men and Women 40	born from 17 may 1967 to 18 may 1962
Men and Women 45	born from 17 may 1962 to 18 may 1957
Men and Women 50	born from 17 may 1957 to 18 may 1952
Men and Women 55	born from 17 may 1952 to 18 may 1947
Men and Women 60	born from 17 may 1947 to 18 may 1942
Men and Women 65	born from 17 may 1942 to 18 may 1937
Men and Women 70	born from 17 may 1937 to 18 may 1932
Men and Women 75	born from 17 may 1932 to 18 may 1927
Men and Women 80	born from 17 may 1927 to 18 may 1922
Men and Women 85	born before 17 may 1922

UNIFORM

Competitor will wear the national colour-according to IAAF and EVAA rules



TRANSPORT SERVICE FROM/TO AIRPORT

From Munich airport and Nuremberg airport it is possible to get to Regensburg by train or by the Airportliner.

Booking Airportliner by phone: +49 / 941 / 22 22 0

<http://www.airportliner.com/>

Office hours Mo.-Fr. 08.00 - 20.00

Sa. 08.00 - 18.00

Su. 09.00 - 13.00

Your Arrival

Your easy and fast arrival in Regensburg with all ICE, EC, IC and IR trains, direct access from all international routes:

Amsterdam / Brussels - Vienna - Budapest

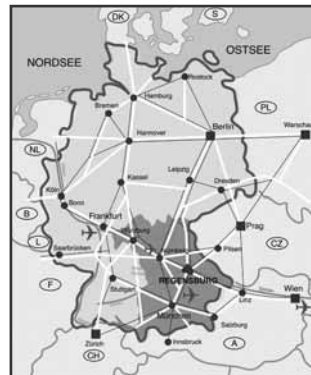
Zurich / Paris - Prague

From national routes:

Berlin / Dresden, Hamburg / Hanover

Dortmund / Cologne, Frankfurt,

Karlsruhe / Stuttgart and Munich



International Airports

Frankfurt/Main Airport

by car: 335 km

train / bus: approx. 3.5 hours

direct train from the airport to Regensburg

Nuremberg Airport

by car: 110 km

train / bus: approx. 1 hour

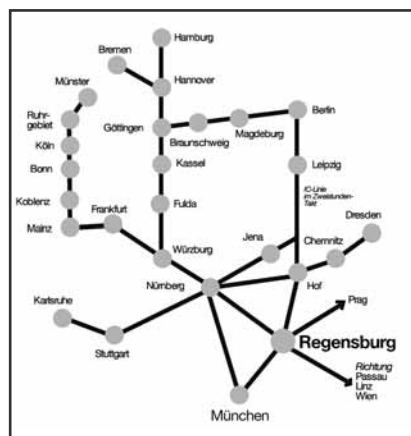
bus / subway / train

Munich Airport

by car: 110 km

train / bus: approx. 1 hour

bus / train or direct bus connection „Airport-Sprinter“



ACCOMMODATION

hotel	address	phone/fax	prize
**** Avia Hotel	Frankenstraße 1-3 93059 Regensburg	phone: +49 941 40 98 0 fax: +49 941 40 98 100	71 - 100 €
**** Hotel Arch	Haidplatz 4 93047 Regensburg	phone: +49 941 58 66 0 fax: +49 941 58 66 168	71 - 30 €
**** Bischofshof Hotel	Krauterermarkt 3 93947 Regensburg	phone: +49 941 58 46 0 fax: +49 941 58 46 146	72 - 185 €
**** Götzfried Hotel	Wutzlhofen 1 93057 Regensburg	phone: +49 941 69 61 0 fax: +49 941 69 61 232	63 - 126 €
*** Apollo Hotel	Neuprüll 17 93051 Regensburg	phone: +49 941 91 05 0 fax: +49 941 91 05 70	60 - 100 €
*** Hotel St. Georg	Karl- Stieler- Str. 8 93051 Regensburg	phone: +49 941 91 09 0 fax: +49 941 948 174	65 - 120 €
*** Hotel Wiendl	Adolf-Schmetzer-Str 93055 Regensburg	phone: +49 941 920270 fax: +49 941 9202728	52 - 80 €
*** Zum fröhlichen Türken	Fröhliche Türken Str. 11 93047 Regensburg	phone: +49 941 53651 fax: +49 941 562256	54 - 76 €
*** Weidenhof	Maximilianstr. 23 93047 Regensburg	phone: +49 941 53031 fax: +49 941 565166	52 - 85 €
*** Bischofshof Braustuben	Dechbettener Str. 93049 Regensburg	phone: +49 941 2082170 fax: +49 941 20821740	60 - 90 €
** Ibis Hotel	Furtmayrstraße 1 93053 Regensburg	phone: +49 941 78040 fax: +49 941 7804509	68 - 90 €
** Straubinger Hof	Adolf-Schmetzer-Str 93055 Regensburg	phone: +49 941 60030 fax: +49 941 794826	40 - 80 €
* Etap Hotel	Junkersstraße 1 93055 Regensburg	phone: +49 941 78 95 41	34 - 45 €
Youth Hostel	Wöhrdstraße 60 93059 Regensburg	phone: +49 941 57402 fax: +49 941 52411	18 - 26 €
Azur Camping	Weinweg 40 93049 Regensburg	phone: + 49 941 270025 fax: +49 941 299432	
several gymnasiums	10 € per person and night, without any breakfast and only with registering until the 17th of April via e-mail: accommodation@evaa2007-regensburg.com		



▶▶▶ ACCOMMODATION

You 'll get more information and accomodation oportunities at:

City of Regensburg / Tourist Center

Altes Rathaus

93047 Regensburg

<http://www.regensburg.de/tourismus>

<mailto:tourismus@regensburg.de>

fon: +49 941 / 507-3411



TRANSPORT SERVICE IN REGENSBURG

Please use the well organized public transport system in Regensburg.

You can reach the competition office situated directly in the Gewerbepark, where also the 10km race walking and 10km streetrun will be hosted by **bus line number 5**. The busstop will be announced as “**Gewerbepark**”. Please ask the busdrivers if you have any questions.

You can reach Infineon parking site where the halfmarathon and the 30km and 20km race walking will be hosted with the **bus line number 6 and 11** (final destination: “**Wernerwerkstraße**”).

REGISTRATION OFFICE – TIC

The TIC will be hosted in the congresscentre in the “Gewerbepark” and on Sunday only at the Infineon parking site

It will be open at:

Wednesday	16 may	16.00 - 20.00	
Thursday	17 may	09.00 - 20.00	
Friday	18 may	09.00 - 20.00	
Saturday	19 may	09.00 - 20.00	
Sunday	20 may	06.30 - 09.00	Pater Rupert Mayer Centre

ALL FACILITIES

Medical service: The medical service will be placed at all competition fields.

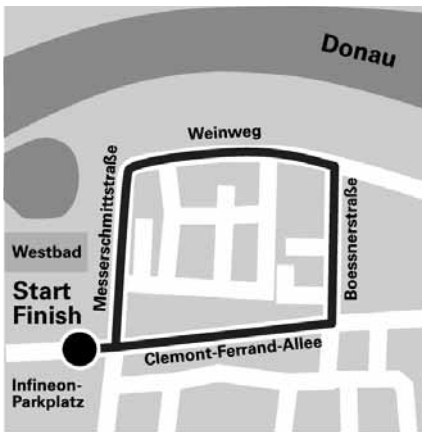
Along all the races will be placed “**Medical Service**”. At the end of each competition will be ensured vehicle for collection with Medical service. The doctors will be at disposal at the finish of each competition.

Physiotherapy service: at all fields of competition after the races

Antidoping service: the antidoping control will ensured according to the IAAF rules

Photo service: First Foto Factory will be official photo service.

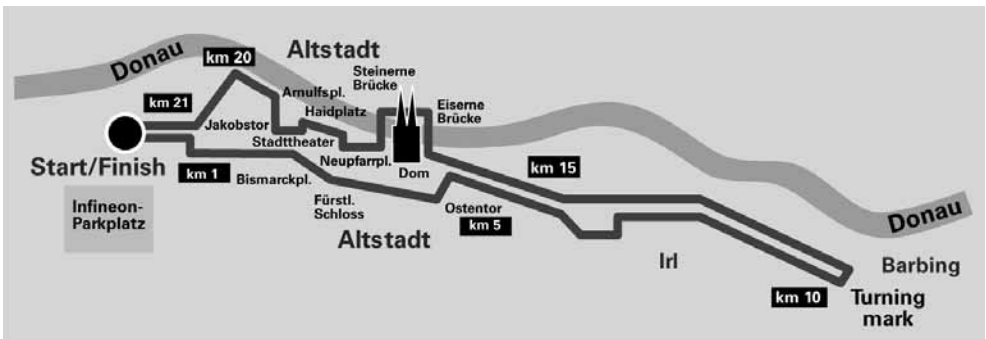
MAPS OF DIFFERENT RACES



20/30 km race walk



10 km road race and race walk



Half Marathon

AWARDS

Competitors will be awarded

- individually (with medal): first 3 for each 5 years age group
- for team (with medal) first 3 country-team for 10 years age group as follow
W35+40 – W45+50 – W55+60 – W 65+70 over
M35+40 – M45+50 – M55+60 – M 65+70 over
No possibility to change age group (from old to young age group)
The placings will be done with the summ of the performance of the first 3 competitor of the country in the age group.

Cross country relay

- team will be done with 3 athletes of the same 5 years age group of the same country already in the entries of the Championships.
- No possibility to change age group (from old to young age group)
- Country can present many teams but only the first will be awarded
- The entry for Cross relay will be done by the team leader between 3 pm and 6 pm of Friday 18 at TIC – Entry fee is 10 € for team
Will be awarded the first 3 team of each 5 years age group.

ENTRY FEE

First event	32 €
Further event	12 €
Cross relay / for team	10 €
Anti doping fee	1 €



TIMEKEEPING

Timekeeping with Champion-Chip: The timekeeping will only be handled with Time Champion-Chip. Without this Chip you 'll have no timekeeping.
You are in possession of a Champion-Chip: Wrote down the seven numbers of your Champion-Chip into the entry form.

All entries on the official Entry Form (see attachment) must be sent to EVAA by Affiliates National Federation. Entries from countries without association affiliated to EVAA or where the federation has not fulfilled its duties are required to be approved by the EVAA Council. You can find a list with all EVAA-member-countries at following page: www.evaa.nu/adrmemb.htm

ENTRY FORM

Family name

First name

Gender Male Female

Date of Birth

Age as of 17th May 2007

Nationality

Address:

Postal Code/Zip

Country

Home phone

Fax Number

E.mail

Events 10 Km Road Run Half Marathon

10 Km Road Race Walk 20 Km Road Race Walk Women 30 Km Road Race Walk Men

ChampionChip / Chip number

Participation fees

First competition 32 €

Each additional competition 12 €

Anti doping fee 1 €

Total



Declaration

By signing this Entry Form, I declare that to the best of my knowledge and belief that I am in good health and that there are no objections against my participation in EVACNS 2007 on medical grounds. I relieve the EVAA, the local organisers of EVACNS 2007 and/or third parties acting on their behalf of any responsibility with regards to any accident, injury, loss or damage to myself or to my property, which may be sustained during or in connection with EVACNS 2007. I also give my consent to subject to drug testing at EVACNS 2007, should be selected to do so.

Signature

Entries must be received by the National Federation by 16th March 2007.

All payments must be transferred to the accounts of the National Federation of each country only.

In order to establish the athlete's age, each competitor is required to attach a copy of either their birth certificate, passport or ID-card with the entry.

Contact:

Local Organisation Committee EVACNS 2007

PO Box 100105

93001 Regensburg / Germany

info@evaa2007-regensburg.com

Phone: +49 941 / 5 86 28 01

Fax: +49 941 / 5 86 28 02

